

Kentville

2026 Winter PROGRAM GUIDE



**YOUR COMPLETE GUIDE TO WINTER IN
KENTVILLE: RECREATION PROGRAMS,
AND ACTIVITIES DESIGNED TO KEEP
YOU ACTIVE, ENGAGED, AND
CONNECTED.**

Kentville Centennial Arena

TUESDAY

9:30-10:30am Adult Skating
10:30-11:30am Parent & Tot Skate
12:00-1:30pm Adult Shinny

WEDNESDAY

12:00-1:30pm Free Public Skate
3:00-3:50pm Free Public Skate

THURSDAY

9:30-10:30am Adult Skating
10:30-11:30am Parent & Tot Skate
12:00-1:30pm Adult Shinny
3:00- 3:50pm Free Public Skate

FRIDAY

12:00-1:30pm Adult Shinny

SATURDAY

4:10-5:00pm Public Skate

Skates and Helmets available to borrow!
Availability on a first-come,
first-serve basis!



Kentville

www.kentville.ca/skate
recreation@kentville.ca
902-679-2542

PRICING

Adult Skating \$3 per person
Parent & Tot Skate \$5 per family
Adult Shinny \$10 per person
Public Skate* \$3 per person

**Kids under 5 Free*



BASICS OF CROSS COUNTRY SKI FITTING & SKI WAXING!

DECEMBER 20, 2025
1:00 - 3:00 PM

Join us for a free hands-on workshop teaching ski season preparation and basic fitting and waxing techniques.

All supplies provided — bring your own skis or use our loaner equipment.

RECREATION HUB (800 WEST MAIN ST)
RECREATION@KENTVILLE.CA

Kentville



Free EQUIPMENT LOAN PROGRAM

Binoculars

Snowshoes

Cross Country Skis

Ice Grips

Kicksleds

Chariot Thule Trailer:

- Bicycle Attachment
- Winter Ski Attachment
- Jogging Attachment

TO BOOK EQUIPMENT VISIT:

UNSTRUCTURED PLAY

ACTIVE PLAY FOR ALL AGES

Credit Union Rec Complex
38 Gary Pearl Drive, Kentville

Recommended Cost: \$2/family at the door

Every Saturday*
Dates: November 1st until March 14th
Time: 10:00am - 11:45am

*Excluding Saturday, December 27th

No outdoor shoes allowed



TUESDAY CRAFTERNOONS



A welcoming space to bring your own creative projects, share skills, and enjoy social time with other crafters.

This program is participant-led, flexible, and designed to encourage creativity, relaxation, and community connection.

DATE & TIME

TUESDAYS

FROM 12 - 4 PM

START- SEPT 9TH

LOCATION

KENTVILLE REC

CENTRE

REC ROOM

ENTRY FEE

\$3.00

DROP IN

Kentville

A relaxed outdoor meet-up for caregivers and little ones.

Babies explore sights, sounds, and textures of nature while caregivers connect with others.

NATURE BABIES



THURSDAYS: January 8th - March 26th

9:30 AM - 11:00 AM

\$20 for 12 sessions or \$2 drop in

Registration Required / Sign-up for Drop-In

Ages: 0 - confidently walking

Recreation Hub (800 West Main St)



PICKLEBALL

Winter Session

KCA School

\$20.00

**Registration
Opens December
8th at 9am**

Tuesdays 8 - 10pm - Level 2.00 - 2.99

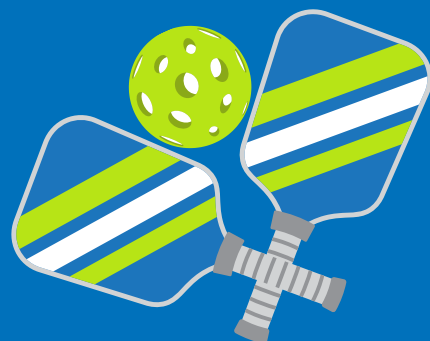
Saturdays 9am - 12pm - 2.00 - 2.99

2 - 5pm - Level 2.00 - 2.99

Sundays 10am - 1pm - Level 2.00 - 2.99

1pm - 4pm - Level 3.00 - 3.49

6:30 - 9:30pm - Level 3.5+



FREE Indoor Walking

With a centre of field PLAYzone for Littles

Monday - Friday

10:00-11:00am

***November 3rd
to May 1st**

**Excluding March 16-20*

Indoor shoes required

Kentville
RECREATION

CREDIT UNION
REC COMPLEX





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YOGA

Winter Sessions

Tuesdays 12:15pm - 1:00pm

Thursdays 12:15pm- 1:00pm

Upper Rec Centre

Starts January 13th

\$60 - 10 weeks

VinYin Yoga:

Vin Yin blends the deep stretches of Yin yoga with the energizing flow of Vinyasa. Begin with calming stillness, shift into dynamic movement, then return to restful poses for a balanced mind-body experience.

TO REGISTER VISIT WWW.KENTVILLE.CA/PROGRAMS

CHAIR YOGA CLASS

Discover the benefits of yoga in a supportive and accessible way!
This class is designed for beginners, older adults, or anyone looking for a low-impact movement options.
No prior yoga experience is needed.

**\$60 FOR 8
WEEKS**

**FRIDAYS -
STARTING JANUARY 16TH
1:30 - 2:30PM**

Lower Rec Centre

www.kentville.ca/programs





ACTIVE FOR LIFE

Lower Rec Centre

REGISTRATION OPENS DECEMBER 10TH AT 9AM

CLASSES START JANUARY 5TH

\$75.00 FOR 22 CLASSES

MONDAYS & FRIDAYS 9:00-10:00AM OR 10:15-11:15AM

TO REGISTER VISIT WWW.KENTVILLE.CA/PROGRAMS



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BODY PUMP **\$60/8 WEEKS**

JAN 14 2026
5:00 PM

LOWER REC
CENTRE

BODY PUMP IS A MEDIUM-HIGH INTENSITY GROUP FITNESS CLASS THAT USES WEIGHTS, AND HIGH REPETITIONS, AS WELL AS CARDIO, TO TONE AND STRENGTHEN YOUR ENTIRE BODY. PARTICIPANTS CAN WORK AT THEIR OWN COMFORT LEVEL, WHILE BUILDING MUSCLE AND INCREASING STAMINA.