News Release

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Emergency Preparedness Week 2022

Kings County, NS – May 1 - 7, 2022 is recognized in Kings County as **Emergency Preparedness Week**. This is an annual event that takes place during the first full week of May, and this year's theme is "Emergency Preparedness: Be Ready for Anything."

As we continue the fight against COVID-19, we know that we remain at risk of other disasters and natural hazards, including flooding, hurricanes, and wildfires. Working together with community leaders, first responders, non-government organizations and all levels of government, we can build a more resilient and safer Kings County.



To celebrate **Emergency Preparedness Week**, the Kings Regional Emergency Management Organization (Kings REMO) encourages everyone to '**Be Ready for Anything**' by completing these three basic steps:

Step 1: Know the Risks

Being aware of the potential risks we face in Nova Scotia can help you to be better prepared should an emergency occur. You may find it helpful to make a list of these risks and think about how they might affect you and your family. Knowing the risks in your community or region can help you to be better prepared when an emergency occurs.

Step 2: Make a Plan

In an emergency, your family may not be together, or you may be asked to evacuate your home. Thinking about what you would do in different situations and preparing a plan with every member of your family is the first step to being prepared.

Step 3: Get a Kit

Your emergency survival kit should have everything you and your family would need to be safe and take care of yourselves for at least three days (72 hours) immediately following an emergency.

For more information on preparing a **Home Emergency Plan**, and to learn how to prepare for all types of emergencies, visit www.KingsREMO.ca or follow @REMO_KingsCty on Twitter or REMO_KingsCounty on Facebook.

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